OPERATION SUPPLEMENT SAFETY

Reporting Adverse Events Associated with Dietary Supplement Use

- "Adverse events" are unfavorable or unusal reactions/effects/illnesses that can occur with the use of some dietary supplements.
- Adverse events can be mild or serious. Examples of adverse events include anxiety, headaches, irritability, nausea/vomiting, chest pain, increased or irregular heart rate, profuse sweating, and tingling/shakiness.
- If you experience ANY adverse event, tell your healthcare provider and report it to the Food and Drug Administration (FDA).
- Reporting adverse events helps FDA identify and take action against any unsafe products on the market.

Natural MedWATCH

- Adverse events can be reported through Natural MedWATCH.

NATURAL MedWATCH®

- All adverse events reported through Natural MedWATCH go to FDA (i.e., MedWATCH) and OPSS.

Directions:

- Report all suspected adverse events from dietary supplement use.
  1. Type the following address in your browser:
     https://naturaldatabase.therapeuticresearch.com/nd/adverseevent.aspx
  2. Complete the electronic form and submit when done.

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FROM THE CONSORTIUM FOR HEALTH AND MILITARY PERFORMANCE (CHAMP)