HPRC

www.humanperformanceresourcecenter.org

Dietary Supplements

For Healthcare Providers: Reporting Adverse Events Associated with Dietary Supplement Use

- Some dietary supplements have caused or contributed to adverse events, but many of these go unreported!
- Reporting adverse events from supplement use helps the FDA identify unsafe products and ingredient combinations.
- Not all supplements cause adverse events, but the only way to start identifying those that do is by reporting adverse events.
- ***So report all suspected adverse events from dietary supplement use—use one of the following!***

HEALTHCARE PROVIDERS: REPORT ADVERSE EVENTS THROUGH

AHLTA

- Adverse events can be reported through AHLTA by assigning an E code or cause code when making an ICD9 diagnosis.
- Although AE reports in AHLTA do not automatically generate a MedWatch report, the data will be extractable.

Directions:

1. Document patient history and clinical care in the usual format.
2. Search for the term "adverse" in the search box.
3. Select "appetite depressant" and the appropriate supplement.
4. Add appropriate info in the date and related-cause box.
5. Enter any additional comments and sign off.

CODE	DIRECTIONS
E947.0.0	Dietetics causing adverse effects in therapeutic use
E947.0.1	Dietetics causing adverse effects in therapeutic use, caffeine/stimulants
E947.0.2	Dietetics causing adverse effects in therapeutic use, steroids/prohormones
E947.0.3	Dietetics causing adverse effects in therapeutic use, protein/creatine/amino acids
E947.0.4	Dietetics causing adverse effects in therapeutic use, weight loss products
E947.0.5	Dietetics causing adverse effects in therapeutic use, multiple supplements
E947.0.6	Dietetics causing adverse effects in therapeutic use, herbal products
E947.0.7	Dietetics causing adverse effects in therapeutic use, multivitamin/mineral products
E947.0.8	Dietetics causing adverse effects in therapeutic use, fatty acids (omega 3, alpha lipoic acid, CLA, etc.)

MedWatch (FDA)

- Adverse events can be reported directly to the FDA through MedWatch.
- Reports can be submitted by calling 1-800-FDA-1088, faxing the MedWatch form (available online) to 1-800-FDA-0178; or directly online by following the directions below.

1-800-FDA-1088

FAX **1-800-FDA-0178**

Directions:

1. Search for "MedWatch" in a search engine or type the following address in your browser: **www.accessdata.fda.gov/scripts/medwatch/medwatch-online.htm**
2. Click the BEGIN button on the right and follow the online instructions.
3. Click the SUBMIT button when done.

Food and Drug Administration MEDWATCH

Natural Medicines Watch

- Adverse events can be reported through Natural Medicines Watch (through the Human Performance Resource Center's website).
- All AE reported through Natural Medicines Watch go to the FDA (i.e., MedWatch)!

Directions:

1. Type the following address in your browser: **www.humanpeformanceresource-center.org**
2. Click on the Natural Medicines icon.
3. Click on the Natural MedWATCH icon.
4. Complete the electronic form and submit when done.

NATURAL MEDICINES COMPREHENSIVE DATABASE

Click here to report an Adverse Event

NATURAL MedWATCH

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