

HUMANPERFORMANCERESOURCECENTER HTTP://HPRC-ONLINE.org

DIETARY SUPPLEMENTS



DIETARY SUPPLEMENTS/PRODUCTS CONTAINING DMAA

Dietary Supplement Products Containing DMAA

Since February 2012, HPRC has maintained a list of currently available commercial products that list DMAA on their product label or website (by any of the names that have been used synonymously; see below). Although we have made reasonable effort to identify as many products as possible, the list likely does not include all such products. In April 2013, FDA announced that "Dietary supplements containing DMAA are illegal and FDA is doing everything within its authority to remove these products from the market." Subsequently, many products were either discontinued or reformulated, and this list has continued to become shorter.

Some products have disappeared from the market (and this list), but some retailers still have stock of discontinued/reformulated products that contain DMAA. Somewhat confusing is that newer, non-DMAA versions sometimes have the same product name after reformulation. So it is important to read ingredient labels carefully before using any product, especially those promoted for bodybuilding and weight loss. *Note: The list of "discontinued" products now excludes DMAA-containing products that we have been unable to find for sale online since the previous list, although non-DMAA versions may be available.*

Many manufacturers clearly identify the "geranium extract" or "geranium oil extract" in their products as 1,3-dimethylamylamine or one of its other equivalent chemical or marketing names. For those that do not, however, we have no way to determine whether the "geranium (oil) extract" identified on the label is a different—possibly natural—product (that is, without DMAA) or some form of synthetic DMAA. The only way to determine positively if a product does or does not contain DMAA is through laboratory testing, so HPRC recommends using only dietary supplements that have evidence of third-party testing by a reputable independent laboratory.

In checking labels, you need to know the numerous terms/synonyms for DMAA. The most common ones are 1,3-dimethylamylamine; methylhexaneamine or MHA; dimethylpentylamine or DMP; 4-methylhexan-2-amine; Geranamine; and geranium oil, extract, or stems and leaves. Below is a list of various terms that could appear on a Supplement Facts label of a product containing DMAA:

- 1,3-dimethylamylamine
- 1,3-dimethylpentylamine
- 2-amino-4-methylhexane
- 2-hexanamine,4-methyl-(9Cl)
- 4-methyl-2-hexanamine
- 4-methyl-2-hexylamine
- 4-methylhexan-2-amine (IUPAC)
- C7H17N (chemical formula)
- CAS 105-41-9
- Crane's bill extract 200:1 (misnomer; not necessarily DMAA)

- dimethylamylamine (DMAA)
- dimethylpentylamine (DMP)
- DMAA
- Floradrene
- Forthan
- Forthane
- Fouramin
- Geranamine (Proviant™)
- GeranaX
- · Geranium extract
- · Geranium flower extract

- · Geranium oil
- Geranium oil extract
- Geranium stems and leaves
- Metexaminum
- Methexaminum
- Methylhexanamine
- Methylhexaneamine (MHA)
- Pelargonium (various)
- Pentylamine
- · synthetic geranium

NOTE: Dietary supplements containing DMAA are not for sale on military installations.

⇒ HPRC will continue to update this list, although less often than before, so do still check back for the latest version.

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising
1,3 D Bomb	Total Body Nutrition USA	1,3 Dimethylamylamine
1,3 Dimethylamylamine	(various distributors & suppliers)	1,3 Dimethylamylamine
3-D Explosion	Generic LabZ	1,3-Dimethylamylamine (Geranium [Stem])
357 Xtreme Pre-Workout Fuel	Aviva Nutrition	1,3 Dimethylamylamine HCL
Absolute Pump	Peak Performance Innovations	1,3 Dimethylamlamine
ACE (Appetite Control and Energy)	AMS Health Sciences	1,3-Dimethylpentylamine HCl
Addieup	Nature's Cures LLC	1,3 Dimethylamlamine
Apple Tight	Muscle Fitness & More Inc.	Geranium oil extract
Atomizer	Aviva Nutrition	1,3-Dimethylamylamine
Avidex	United Health	Geranium Oil Extract
Black Widow	Hi-Tech Pharmaceuticals LLC	1,3-Dimethylamylamine
Blood Rush Pump *	Muscle Gauge Nutrition	1,3-Dimethylamylamine
Body Burn	Bodystrong	1,3-dimethylamylamine
Body Surge	Bodystrong	1,3-Dimethylamylamine
CO ² Xtreme Fat Burner	Extreme Sports Performance	1,3-Dimethylamylamine (Geranium Stem Oil)
Decimate	Cygen Laboratories	Geranium
DMAA Powder	(various)	1,3 Dimethylamylamine/DMAA
DynaPep Energy Micro-Shot	Emerging Products Development Group	2-Amino 4-Methyl Hexane HCL
E-Power	Natural Herbal Nutrition Supplement, Ltd.	Geranium oil extract
EPH 100	Delta Health Products	1,3 Dimethyl Amyl Amine
EphedraX	Xcel Sports Nutrition	Methylhexaneamine
Excel Extreme 4D	Excel Nutritional	Geranium Extract
Fastin-XR	Hi-Tech Pharmaceuticals LLC	1,3-Dimethylamylamine
FlashOver	Omega Sports	1,3-dimethylamylamine (from Geranium Oil)
Fruta Planta USA	AGL	4-Methylhexan-2-Amine HCL (Geranium extract leaves and stem)
Geranamine (powder and capsules)	Fusion Supplements	Proviant Technologies TM DMAA
Geranium 25	Nutrabolics	Geranium Maculatum Extract
Geranium Extract	Various	1,3-dimethylamylamine
Hell Fire EPH 150	Innovative Bio Labs	1,3 Dimethylamylamine HCL (geranium)
High Performance GF *	CNP Professional Sports Nutrition	1,3 Dimethylamlamine
HyperLean FX7	Nova Body Science	2-Amino-4-Methylhexane HCL (Geranium)
Infested	Xcel Sports Nutrition	Methylhexaneamine
JP8x Hardcore	Get Diesel Nutrition	DMAA (1,3-Dimethylpentylamine)
Lean 650	GenX Labs	Geranamine 91,3-Dimethylamylamine)
Lipodrene Hardcore	Hi-Tech Pharmaceuticals LLC	1,3-Dimethylamylamine
Lipodrene Xtreme	Hi-Tech Pharmaceuticals LLC	1,3-Dimethylamylamine HCl
Locked & Loaded	Geared Up Nutrition	1, 3 – Dimethylamylamine (Geranium)
Matador Extreme Energy	Biofuxion Health Products, Inc.	2-amino-4-methylhexane
Mesomorph	APS Nutrition	Geranium Oil Extract (Geranaburn™)
Metabadrine	Legacy Nutritional Products	1,3 Dimethylamlamine
Metabolic Tattoo	Geared Up Nutrition	1,3 Dimethylamlamine
Muscle Spike	Muscle Fortress	1,3 dimethylamylamine
N2-Stim	Need to Build Muscle Inc	1,3-Dimethyl-5-amine (Mineral Salt Derivative of Geranium Oil)
NOX Pump	Dorian Yates Nutrition	geranamine

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising
Overdose ReduX	NRG-X Labs	Geranium Maculatum Extract [leaves and stems]
Phenadrine	APS Nutrition	1,3 dimethylamylamine
PrePost	GenX Labs	1,3-Dimethylamylamine
R.A.M.	Geared Up Nutrition	1,3 Dimethylamylamine
Red Stinger Black Label	NRG-X Labs	1,3-Dimethylamylamine (Geranium [Stem])
Rocket Fuel Capsules	Fusion Supplements	1,3 Dimethylamylamine
Seirogan Toi A	Taiko Pharmaceutical Co., Ltd.	Powdered Geranium Herb
Suppress NT	Nutrition Alliance International (NSI)	1,3 dimethylamylamine
Symply Magic Symmetry	Symmetry Direct	1,3-dimethylpentylamine HCl
Synedrex	Metabolic Nutrition Inc.	1,3 Dimethylamylamine
Therm-O	BioFuxion Health Products, Inc.	2 Aminio-4 Methyl Hexane
ThunderSlim	(undetermined)	Geranium Extract
Tiger Claw DMAA	Kempo Nutrition	1,3-Dimethylamylamine (Geranium Oil Constitute)
V Ripped	GenX Labs	1, 3 – Dimethylamylamine
Vaporizer XR	Aviva Nutrition	1,3 Dimethylamylamine HCL
White Lightning	APS Nutrition	Geranaburn (geranium oil extract)
Yellow Scorpion	Hi-Tech Pharmaceuticals Inc	1,3 Dimethylamylamine
Zenalean Pro	Accelerated Sport Neutraceuticals (ASN)	Geranium Extract (1,3-Dimethylamylamine)

DISCONTINUED/REFORMULATED PRODUCTS:

The following products either are no longer shown on the manufacturer's website (or website no longer exists), have been reformulated to exclude DMAA, or no longer list DMAA on the product label (indicating reformulation); as of the date of this list, the DMAA-containing products below were still available from stock held by online retail suppliers. (We have made the assumption that the information on labels and websites is accurate, but only laboratory testing will confirm the absence of DMAA.) 68 products that we have no longer been able to find for sale by online retailers have been removed from the list.

1,3 D Nox	Total Body Nutrition USA	Geranium Extract (1,3 Dimethylamylamine)
AdderRX	NexGen BioLabs	1,3 Dimethylamlamine
Adralin *	CTD Labs	1,3-dimethylamylamine
AdrenHERlyn Cuts	BlackMarket Labs	1,3-Dimethylamylamine HCl
AdreN.O.lyn Bulk	BlackMarket Labs	1,3-Dimethylamylamine HCl
AdreN.O.lyn Cuts	BlackMarket Labs	1,3-Dimethylamylamine HCl
AmiLean Extreme Energy	Ideal Marketing Concepts	DMAA (1,3-Dimethylamylamine (Geranium [Stem])
Beta-Cret Extreme	ProMera Health	1,3 Dimethylamylamine (Geranium Oil)
Clear Shot 3X Concentrate	E-Pharm Nutrition	Geranamine
Core Zap	Core Nutritionals	Geranium (1,3-Dimethylpentylamine)
Creafuse	GE Pharma	1,3-Dimethylamylamine
CryoShock	Neogenix	1,3-Dimethylamylamine
Endoburn NT	BSN Inc.	1,3-Dimethylpentylamine (A Natural Constituent of Geranium Oil)
EPH-25 New Formula	Accelerated Sport Neutraceuticals (ASN)	1,3 dimethylamylamine
Ergolean AMP	E-Pharm Nutrition	Geranamine (1,3-dimethylamylamine)
Fat Smack XR	Purus Labs	2-amino-4-methylhexane
Finaflex Epi-V	Redefine Nutrition	2-amino-4 methylhexane
Finaflex Ignite 2	Redefine Nutrition	2-amino-4 methylhaxane
Finaflex Methyl Ice	Redefine Nutrition	1,3 Dimethylamylamine
Finaflex N O Ignite	Redefine Nutrition	1,3 Dimethylamylamine
Finaflex Pro Xanthine	Redefine Nutrition	2-amino-4 methylhexane

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising	
I	DISCONTINUED/REFORMULATED PRODUCTS (CONTINUED)		
Fitness Magic (formerly TriThin Magic)	TriUnity International	1,3-dimethylpentylamine (constituent from Geranium Flower)	
Forged Burner *	Need to Build Muscle Inc	1,3-Dimethylamylamine	
Geranium 20	SD Pharmaceuticals	1,3-Dimethylamylamine, which is also referred to as DMAA and Methylhexaneamine	
Heat Accelerated	Magnum Nutraceuticals	Geranamine	
Hemo-Rage Black	Nutrex Research (Nutrex Underground)	1,3-Dimethylamylamine HCL	
Hyde	ProSupps USA LLC	1,3-Dimethylamylamine Hydrochloride	
Hyper Trim	Schwartz Laboratories	DMAA (1,3 Dimethylamylamine)	
Hypercuts *	CTD Labs	1,3-dimethylamylamine	
Hyperdrine-OD	KiloSports Nutrition	1,3 Dimethylamylamine	
Ignite Energy Boost	Ignite Powder (ASN Distributors)	Geranium (1,3-Dimethylamylamine or Methylhexamine)	
Jack3d	USPlabs/NutraPlanet	1,3-Dimethylamylamine (Geranium [Stem])	
Launch Full Impact 4350	SAN Nutrition	Geranalean [Geranium Oil Extract][Std. to 1,3-DMPA]	
Lean EFX (includes Lean Shots)	Fahrenheit Nutrition	1,3 Dimethylamylamine	
Mass-Pump XXL	Powerlab Nutrition	Geranium Extract (1,3-Dimethylamylamine)	
Massive Growth	Muscle Gauge Nutrition	1,3-Dimethylamylamine (Geranium [Stem])	
Melt Extreme	Lecheek Nutrition	1,3 Dimethylamylamine	
Methyl Fire	GE Pharma	1,3 Dimethylamylamine (geranium (stem))	
MethylHex 4,2	SEI Pharmaceuticals	4-methylhexan-2-amine HCL (geranium extract leaves and stem)	
Motivate	Anabolic Innovations	Geranamine (1,3-Dimethyllamylamine)	
Muscle Marinade	Purus Labs	2-amino-4-methylhexane	
N2-Amp	Need to Build Muscle Inc	1,3-Dimethylamylamine	
N2KTS (Need To Kill That Shit) *	Need To Build Muscle Inc	1,3-Dimethylamylamine (Geranium)	
Nitrox Silver Bullet *	Xcel Sports Nutrition	1,3-Dimethylamylamine	
Noxipro *	CTD Labs	1,3 Dimethylamylamine	
OxyECA	Lecheek Nutrition	2-amino-4-methylhexane	
OxyELITE Pro	USPlabs	1,3-Dimethylamylamine (Geranium [Stem])	
Plasmatic EP	Engineered Sports Technology (EST)	Geranium Root and Stem (Standardized)	
Plexus Slim Accelerator *	Plexus Worldwide Inc.	GeranaX	
Procore Pre-workout *	Xcel Sports Nutrition	Methylhexaneamine	
Quake 10.0	SciVation	1,3-Dimethylamylamine	
Rage Version X	Active Nutrition Corporation (ANC)	Geranamine	
Razor8 Blast Powder (U.S.)	Allmax Nutrition	Geranium Maculatum (Cranes bill extract)	
RoxyLean ECA	BPI Sports	1,3-dimethylamine	
Ruthless	Science Defined Nutrition	1,3-Dimethylamylamine (Geranium root/stem)	
Speed Xtreme Ultra Concentrate	Lecheek Nutrition	1,3-Dimethylamylamine	
Spirodex	Gaspari Nutrition	Geranium maculatum extract [leaves and stems] standardized for 4-methylhexan-2-amine content	
Spirodrene	Engineered Sports Technology (EST)	GeraniPure™ (Geranium Root and Stem)	
Stim-Force (powder and chewables)	Labrada Nutrition	1,3-Dimethylpentylamine Hydrochloride	
Swagger	MAN Sports	Geranastim(TM) (1,3-dimethylamylamine)	
Technical Knockout Pre-Workout *	KiloSports Nutrition	1,3-dimethylamine Hcl	

Product Name	Distributor or Manufacturer	Ingredient as on label/advertising	
DISCONTINUED/REFORMULATED PRODUCTS (CONTINUED)			
Ultimate Fighting Creatine HCl Serum	MMUSA	1,3-Dimethylamylamine Hydrochloride	
Ultra-Thermo (for Women & for Men)	MMUSA	1,3-Dimethylamylamine Hydrochloride	
V3 Weight Management Complex *	Voyager Health Technologies	1,3 Dimethylamylamine	
Velocity XT	Neogenix	1,3-Dimethylamylamine	
Vyperize w/DMAA	Professional Supplements	1,3-Dimethylamylamine	
Wyked	Taurus Nutrition	Geranium Oil Extract (4-Amino-Methyl Hex-	
		ane)	
X-Force	Innovative Body Enhancement (IBE)	Methylhexaneamine (1, 3-dimethylpentylamine)	
Xyng Fuel 4 Life	Xyngular	geranium flower extract (1,3 dimethylpentylamine)	
Youth Addict Torch'd *	SavInd Inc.	Dimethylpentalamine: Geranium Oil Constituent	

^{*} Change to list since previous update, including products added, products previously thought to be discontinued/reformulated found to still be active, and products recently discontinued or reformulated to exclude DMAA.

(NOTE: Party pills represent a different category of DMAA-containing products; they are not considered dietary supplements, as they are marketed solely for recreational use, so we are no longer including them on this list. The use of DMAA in party pills led to its ban in New Zealand.)

The Natural Medicines Comprehensive Database (NMCD) also has a list of dietary supplements that contain DMAA, including discontinued ones. This user-friendly database is available for both Warfighters and healthcare professionals who have a ".mil" email address through links on the HPRC website. Choose the appropriate version and follow the instructions to create an account. To view NMCD's list of products containing DMAA, log on, type "DMAA" in the keyword search box and then click on the link that says "View 313 Products Containing: DMAA (DIMETHYLAMYLAMINE)." Note that NMCD provides safety ratings for most of these dietary supplement products.