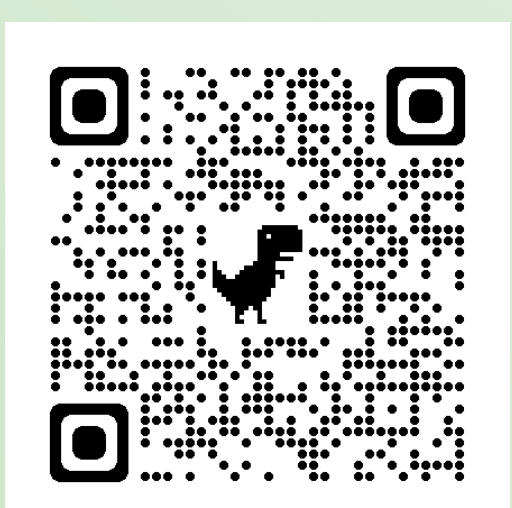# SET A GOOD EXAMPLE

Go for Green® makes it easy for you to identify and choose foods that enhance your performance.

✓ **Green** *High-performance fuel*
▲ **Yellow** *Moderate-performance fuel*
● **Red** *Low-performance fuel*

Eat Well
PERFORM WELL

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